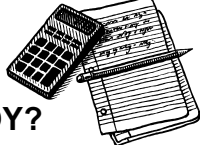


## WHAT IS HOMEWORK?

You will all be getting more and more homework now you are in secondary school. The idea of homework is to help strengthen information you have learnt in the classroom and develop self-studying skills.

If you don't do your homework or rush it and don't pay attention you may not do as well as you could do in the subject. You will also develop exam and revision skills from doing homework which will certainly help you in the future. Every school pupil has to do homework (the government guidelines for yr 7&8 is between 45-90 minutes each night.) so we want to help you as much as possible and even try to get you to enjoy doing your homework!



## ARE YOU READY?

Find the right way for YOU to focus and succeed with your homework. It may take a bit of time to find out what works for you but once you get in to a routine it should get easier.

Sometimes home is not always the best place to focus. Look into school homework clubs, local libraries (no distractions and useful books). You may also like to do your homework with some friends so speak to your parents about setting up a friend's homework club.

Wherever you are, find a quiet place to do your homework. Use the same place every day so that you can have everything you need there and also it will help you get into the routine. Some people say it is better not to do homework in your bedroom so you can go there to relax and not connect it to homework. Try the dining room or study.



## ON YOUR MARKS!

- ☺ Make sure you write all your homework **instructions, deadlines** and any **extra details** down clearly in class.
- ☺ Ask if you are not sure what the task means and check with the teacher if you are not sure what books you will need etc.
- ☺ Make sure you bring home everything you need to do the homework.
- ☺ If no homework is set write this down with the reason why, e.g. Supply teacher.

**Remember to ask if you are not clear .**

**Teachers will be much more understanding if you ask, than if you don't do it because you didn't understand the instructions.**

## GET SET!

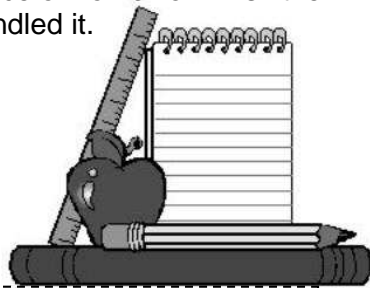
- ☺ Planning the order in which homework is done can help you to be more efficient and to prepare you mentally for the evening.
- ☺ Shorter /easier topics are better completed before longer ones.
- ☺ Make sure you have got everything that you need so you do not have to keep getting up.
- ☺ A regular routine (e.g. between 6.00 and 8.00 pm) often proves successful.
- ☺ Take a drink with you that you can drink whilst working.



- ☺ Make sure you read all your work to check for mistakes.
- ☺ If you are stuck on a question try and do as much as you can and then ask for help at the end from someone at home.
- ☺ Make sure you take regular breaks. Roughly 10 minutes every half an hour.
- ☺ Make sure you have good lighting where you are working and the temperature is right.
- ☺ Be proud of your homework and show an adult at home once you have completed it.
- ☺ Do not have the TV on or any other distractions. You need to focus on your homework and it also means you will be able to concentrate better and get it done quicker so more time for fun.

## DEALING WITH HOMEWORK YOU CAN'T DO

- ☺ Ask an adult (doesn't always work but at least let them know that you are having a problem)
- ☺ Attempt the parts of the assignment that you can do and indicate to your teacher (by writing it down) that you had a problem with a part of the homework.
- ☺ Make sure you keep a record of your difficulties in your homework workbook. Your teacher will want to know what problems you had and what you tried to do to solve the problem.
- ☺ Speak to your teacher about the problem you had - you will often find that if you have attempted the work they are more than willing to listen.
- ☺ Don't get stressed out. Even the prime Minister gets stuck and has to ask for help
- ☺ Try putting the work aside for a while, and attempting it later on.
- ☺ Ask a friend who would have been set the same piece of homework. Ask them how they handled it.



Have a look at

[www.homeworkelephant.co.uk](http://www.homeworkelephant.co.uk)

to help you

## SOMEONE TO TALK TO

- ☺ Streetwise - project workers always have time to listen confidentially to any concerns you have, and help you look at what options you can take.
- ☺ School counsellor - find out from your head of year or tutor about how to be referred.
- ☺ Head of Year - usually have some responsibility for your welfare, so will always be happy to help out.
- ☺ Form teacher - good for issues within your class, e.g. bullying.
- ☺ Parents, family members and friends

GOOD LUCK!

## CONTACT US

**This guide is produced by Streetwise. We hope that you find this leaflet interesting and useful. If you have any questions about this topic or any other issues, or would like to chat with one of the Project workers, please contact us on:**

**Tel: 020 8457 2331**

**Email: [info@streetwisegb.org](mailto:info@streetwisegb.org)**

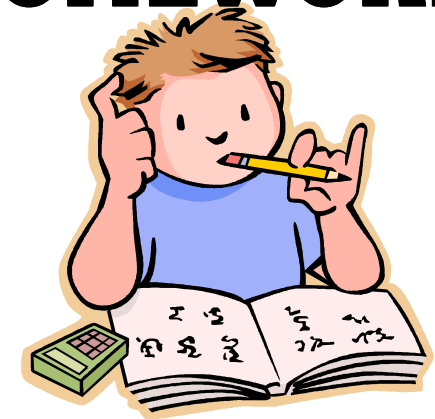
**Website: [www.streetwisegb.org](http://www.streetwisegb.org)**



## TOP TIPS

## TO HELP YOU WITH

## HOMEWORK



Streetwise works with Jewish schools and Community organisations, enhancing the personal safety and personal development of young Jewish people to support their safe, physical, and emotional well being.