

22/23

# Primary School Curriculum Aims & Objectives

Streetwise works nationally with Jewish schools and Community organisation, enhancing the personal safety and personal development of young Jewish people to support their physical and emotional wellbeing. We are a partnership project between Maccabi GB and CST. Streetwise delivers Personal Development, Personal Safety and Relationships and Sex

## Primary Leadership Programme

**This session is intended for new Year 6 classes**

This session can take place during Term 1.

With Year 6 comes new responsibility and this session is designed to help Year 6 understand what it means to be a leader and role model.

- Role Models
- Leadership Qualities
- Conducting yourself as a leader

## Anti-Bullying - November

**Streetwise delivers Anti-Bullying sessions for young people in Reception to Year 6, as well as offering KS1 & KS2 assemblies.**

With Anti Bullying Week taking place 14<sup>th</sup> – 18<sup>th</sup> November, Streetwise will be running its Anti Bullying Programmes throughout the month of November (but not exclusively). Streetwise is a core member of the Anti-Bullying Alliance.

The aims of this programme are:

- To define bullying
- For pupils to understand what bullying is and to recognise the different forms it may take
- To look at our own behaviour in relation to bullying
- How to respond to bullying



This relates directly to the following PSHE National Curriculum targets:

## 2. Preparing to play an active role as citizens

c) to realise the consequences of anti-social and aggressive behaviours, such as bullying and racism, on individuals and communities

## 3. Developing a healthy, safer lifestyle

f) that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong

## 4. Developing good relationships and respecting the differences between people.

a) that their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view

d) to realise the nature and consequences of racism, teasing, bullying and aggressive behaviors, and how to respond to them and ask for help

## Online Safety - February

**Streetwise delivers Internet Safety sessions for young people in Reception to Year 6, as well as offering KS1 & KS2 assemblies, Teacher training and Parent evening sessions.**

With Safer Internet Day taking place on 14<sup>th</sup> February, Streetwise will be running its Internet Safety Programmes throughout the month of February (but not exclusively). Streetwise have been trained by the Child Exploitation and Online Protection Centre (CEOP) and we work towards educating young people about the potential risks online.



The aims of this programme are for pupils:

- To feel confident using the internet in a fun, safe way

- To understand the benefits and risks of using technology to communicate
- To understand what personal information is, and when and where it is appropriate to give out personal details online
- To know what to do if they have trouble online

This relates directly to the following PSHE National Curriculum targets:

**1. Developing confidence and responsibility and making the most of their abilities**

c) to face new challenges positively by collecting information, looking for help, making responsible choices, and taking action

**2. Preparing to play an active role as citizens**

c) to realise the consequences of anti-social and aggressive behaviours, such as bullying and racism, on individuals and communities

**3. Developing a Healthy and Safer Lifestyle**

**Body Image and Self-Esteem in May**

**Following requests from a number of schools, this programme is for all year groups to address body image and self-esteem. The aims of this programme are for pupils:**

- To understand what body image is and how this may influence our self-esteem
- To place importance on who people are and their inner characteristics rather than what they look like
- To encourage young people to use inclusive and kind language to describe themselves and others



This relates directly to the following PSHE National Curriculum targets:

**Health and Wellbeing:**

**H1.** What positively and negatively affects their physical, mental and emotional health.

**H4.** To recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves.

**Relationships:**

**B10.** To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary challenge others' points of view

**R13.** That differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation and disability.

**R16.** To recognise and challenge stereotypes

## Relationships Education in the Summer Term Reception- Year 3

**This new offering is in addition to the work we do with KS2 on Relationships and Sex Education.**

Streetwise Relationships Education programmes are run throughout the year. These sessions were created to enhance young people's ability to recognise and talk about familial relationships, friendships and to understand diversity.



- Be confident in understanding and communicating their feelings about friendships and relationships
- Understand and respect different types of relationships, including friendships and family relationships
- Understand the characteristics of healthy relationships
- Develop positive values and a moral framework that will guide their decisions and judgements

- Be able to develop a positive body image and know how to raise their self-esteem
- Be prepared for the emotional and physical changes during puberty

To summarise, at primary level, children would learn about subjects including:

- Families and people who care for me – Including: the importance of families for children growing up; characteristics of healthy family life; varieties in family life, and how to recognise if family relationships are making them feel unhappy or unsafe; and how to seek help or advice from others if needed
- Caring friendships – including: the importance and characteristics of friendships; and how to recognise who to trust and who not to trust
- Respectful relationships – including: the importance of respecting others and of self-respect; about different types of bullying (including cyberbullying); and the importance of permission-seeking and giving in relationships with friends, peers and adults.

## **RSE Puberty & Reproduction - Years 4-6**

### **Streetwise offers a Puberty & Reproduction Parent information session outlining what is delivered to young people.**

Streetwise Relationships and Sex Education programmes are run throughout the year. We work closely with the schools to create a lesson plan that is suitable for the Jewish Ethos of the school and with prior approval of the Jewish Studies department. Reproduction will only be taught in Year 6.

Aims:

- To explore the theme of change at puberty with focus on the life cycle including: reproduction; physical maturation and emotional changes during adolescence



- To understand about menstruation and how to manage it
- To explore emotional changes focusing on managing mood swings, expressing feelings and building self-esteem
- To identify safe sources of information and support networks

## 1.2 Sex and Relationship Education Guidance *Primary Schools*

1.12 - The Department recommends that all primary schools should have a sex and relationship education programme tailored to the age and the physical and emotional maturity of the children. It should ensure that both boys and girls know about puberty and how a baby is born – as set out in Key Stages 1 and 2 of the National Science Curriculum. Section 3 gives further information on what should be taught at these stages and how this should be rooted in the PSHE framework.

1.13 All children, including those who develop earlier than the average, need to know about puberty before they experience the onset of physical changes. In the early primary school years, education about relationships needs to focus on friendship, bullying and the building of self-esteem. [...]

## New Beginnings - Year 6 June/July

### **Alongside the Year 6 programme, Streetwise can deliver New Beginnings School Parent evening sessions.**

In preparation for Year 6's move to secondary school, Streetwise delivers its New Beginnings, formerly known as Transition to Secondary School Programme throughout June and July. This programme incorporates both personal safety and personal development activities.

The aims of this programme are:

- To express what concerns and excites young people about moving to secondary school
- For pupils to identify potential difficult situations and look for solutions to overcome them



- To normalise concerns and elaborate on what is exciting about moving to secondary
- To develop street awareness in regards to moving to Secondary School (eg. safe use of public transport)

5 – i. - prepare for change [for example, transferring to secondary school]

**Developing confidence and responsibility and making the most of their abilities**

1 - Pupils should be taught: c. – to face new challenges positively by collecting information, looking for help, making responsible choices, and taking action

**Developing a healthy, safer lifestyle**

3 – e. to recognise the different risks in different situation and then decide how to behave responsibly, including sensible road use, and judging what kind of physical contact is acceptable or unacceptable

3 – f. that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong

**Antisemitism Assembly**

**This assembly is on offer to Year 3-6 and lasts 40 minutes.**

This assembly can be run at any point in the year and is designed to help young people understand what discrimination and Antisemitism is and how they can report incidences they see on and offline.

- What Antisemitism is
- What examples of Antisemitism are
- How to report